

## Education session Pre-assessment

Thank you for agreeing to take this assessment. The assessment asks questions about your knowledge and self-efficacy to recognize the signs and symptoms of lupus and refer patients to a rheumatologist for diagnosis and treatment. Please note that your participation in this assessment is voluntary. You can stop taking the assessment at any time without penalty. You can skip any questions, except those marked with an asterisk (\*).

### Section One – Identification and Background Information

*To begin the survey, we need you to provide a few pieces of information to generate an ID number, which will not be linked to your name or contact information.*

1.1. Please enter the first three letters of your LAST name. (For example, if your last name is Smith, enter SMI.)*	
1.2. Please enter the FIRST, MIDDLE, and LAST initials of your name. (For example, if your name is John William Smith, enter JWS. If you do not have a middle initial, then enter your first and last initials.)*	
1.3. Please enter the year of your birth using YYYY format. (For example, if you were born in 1980, please enter 1980.)*	
1.4. Please enter the two letter abbreviation for your state. (For example, if you live in Georgia, please enter GA.)*	

If you have any questions about the survey, please call or email Sherry Williams, Project Manager, [swilliams@rheumatology.org](mailto:swilliams@rheumatology.org) or L. Beaman Morris, Project Coordinator, [lmorris@rheumatology.org](mailto:lmorris@rheumatology.org) at the American College of Rheumatology.

1.5. Please indicate whether you are male or female.

- a. Male
- b. Female

1.7. Are you Hispanic or Latino?

- a. Yes
- b. No
- c. Prefer not to answer

1.9. Please indicate where you **primarily** practice.

- a. Emergency department
- b. Urgent care/walk-in clinic
- c. Primary care office
- d. Community health center
- e. Hospital
- f. Multiple locations
- g. Other: \_\_\_\_\_

1.6. Please indicate which best describes you (select only one).

- a. Caucasian/White
- b. African-American/Black
- c. Asian/Pacific Islander
- d. Native American, Alaska Native/Aleutian
- e. Other

1.8. Please indicate your degree and/or level of training (select only one).

- a. MD/DO
- b. NP
- c. PA
- d. Trainee or Fellow
- e. RN
- f. Other:

## Section Two – Questions about Lupus

*Select the best answer for each question below.*

2.1. Kidney disease is the major cause of death in people with longstanding lupus.

- a. True
- b. False

2.2. Lupus mainly affects older women of color.

- a. True
- b. False

2.3. African American women are 3 times more likely to develop lupus than Caucasian women.

- a. True
- b. False

2.4. A 42-year-old Black female presents for annual physical. She has been having some fatigue and joint pain, especially after long days on her feet at work. She reports no other

symptoms. Is ANA testing an appropriate next step?

- a. Yes
- b. No

2.5. The hallmark “butterfly rash” appears:

- a. On the chest or back
- b. Across the nose and cheeks
- c. Across the lower back
- d. Between the shoulder blades

2.6. A positive ANA confirms the diagnosis of lupus

- a. True
- b. False

2.7. Challenges in detecting lupus include:

- a. Early symptoms can be non-specific

- b. Early symptoms can be easily confused with other illnesses or syndromes
- c. Symptoms may develop slowly or suddenly
- d. All of the above

2.8. Early diagnosis:

- a. Has increased the survival rate from 50% in 1953 to about 75% today.
- b. Has not impacted the survival rate of those with major organ deterioration
- c. Can reduce the leading causes of mortality with proper treatment
- d. A and C
- e. None of the above

2.9. A 26-year-old Hispanic male presents for evaluation of swollen cervical lymph nodes. These have been present for over 2 months though he does not recall any recent URI or other illness. When asked about other symptoms, he endorses occasional joint pain and oral ulcers, as well as some photosensitivity. Is ANA testing an appropriate next step?

- a. Yes
- b. No

2.10. A 35-year-old Caucasian female seeks evaluation for autoimmune disease. She describes fatigue, migraines, difficulty sleeping, diffuse hair thinning and diffuse muscle pain. On exam, she has an aphthous ulcer on her lip, but no ulceration on the hard palate and no other abnormal findings. What is the next most appropriate step in her evaluation?

- a. TSH
- b. ANA test
- c. Rheumatoid Factor
- d. CH50

### Section Three – Confidence Questions

Select the best answer for each question below.

3.1. Rate your **confidence** in your knowledge and/or abilities to

	1 – Not at all confident	2 – Not very confident	3 –Neutral	4 – Confident	5 – Very confident
a. Identify the presenting signs and symptoms of lupus.					
b. Refer a suspected case of lupus to a rheumatologist.					
c. Initiate a work-up for lupus.					
d. Understand lupus epidemiology, health disparities, disease characteristics and genetics.					